

FSIC's Weekly Produce Report



| October 11, 2021 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

Apples

↔ The Washington market is steady. Moderate supply and demand. Good quality. Galas and Honeycrisp are down.

Asparagus

▲ The market is up. Peru supply is up. Light supply. Good demand. Quality varies.

Avocado

▼ Market is steady to down. 36s, 40s, 48s, 60s and 70s are down. Good supply, moderate demand on 48's. All other sizes have moderate supply and demand.

Bell Peppers

↔ **Green bell peppers:** Market is mixed. San Joaquin Valley, CA supply is up. Moderate supply. Light demand. Western NC supply is down. Light supply. Moderate demand.

↔ **Red bell peppers:** Market is steady. CA supply is steady. Light supply. Moderate demand. Fair quality.

Berries

▼ **Strawberries:** The market is down. Increasing supply. Good quality out of Santa Maria, CA. Quality issues may include deformed tips, overripe fruit and pin rot. CA market is projected to end around mid-October. Watsonville and Salinas CA quality is fair. Quality issues may include bruised and decaying fruit.

Broccoli

▲ The broccoli market is up. Light supply. Increasing demand. Quality issues may include yellowing, brown bead and hollow core.

Carrots

▼ The jumbo carrot is mixed. Kern, CA supply is down. Moderate supply and demand. Mexico supply is steady. Moderate supply. Good demand. Quality varies.

Cauliflower

▼ The cauliflower market is down. Light supply. Good quality. Occasional brown spotting and some mechanical bruising.

Celery

▲ The celery market is up. Good supply. Light demand. Good quality.

Cucumbers

▼ Market is down. Western supply out of Mexico through TX is down. Light supply. Moderate demand. Western supply out of Mexico through CA is down. Moderate supply and demand. Quality varies.

Grapes

↔ Market is mixed. Kern, CA supply of Red Globes, Scarlet Royal, Black Seedless, White Seedless and Red Seedless are down. Moderate supply. Good demand. San Joaquin Valley, CA supply of Scarlet Royal, Red Seedless, and White Seedless are steady while Black Seedless are up out of San Joaquin Valley, CA. Moderate supply. Good demand.

Lemons

↔ Market is flat. Final harvest out of Oxnard/Riverside. Shorter shelf life. Sizes are small. Coachella has begun harvesting and shipping new-crop lemons out of Riverside. Supplies are more consistent. Slight delays. Supplies out of Yuma may begin this week. Light supplies.

Lettuce

▲ **Iceberg:** The iceberg market is up. Light supply. Increased demand. Good issues may include inconsistent weights, burn on outer leaves, puffy heads, seeder and bottom rot.

▲ **Leaf:** The green leaf market is up. Fair supply and demand. Good quality with good green color, full heads and good texture. Romaine market is up. Light supply. Strong demand. Quality issues may include fringe burn and internal burn.

Limes

▼ Market is down. Quality issues in the Gulf of Mexico may include, skin breakdown, blanching, and scarring. Bigger sizes affected. Pacific Region quality issues may include skin breakdown, scarring and blanching.

Melons

▲ **Cantaloupe:** Market is up. Good supply on 9 ct. and 12 ct. 9 ct. jumbo supply is limited

↔ **Honeydew:** Market is flat. Increased demand. Lighter supply. Peaking on 5 ct. Light supply on smaller sizes.

Onions

▲ The jumbo yellow onion is up. ID and WA/OR supply is up. Moderate supply. Good demand.

Oranges

↔ Market on oranges is flat. Valencias approaching end of season. Short shelf life. Peaking on 72s and 88s. Light supplies on 113 ct. and 138 ct.

Potatoes

▼ **Russets:** Market is mixed. ID supply of 70 ct. Norkotahs are down. 6 oz. minimum size are steady. 90 ct. Norkotahs are up. Moderate supply. Good demand. WA/OR supply of 70 ct. Norkotahs are down and 90 ct. Norkotahs are up. Moderate supply and demand. Fair quality out of both regions.

↔ **Reds:** Market is steady. WI supply is steady. Moderate supply and demand.

↔ **Yellow:** Market is steady. WI supply is steady. Moderate supply and demand.

Squash

↔ Market is steady. NC supply is steady. Light supply. Moderate demand. GA supply is steady. Moderate supply and demand.

Tomatoes

▲ **Rounds:** The market is steady to up. Mexico supply through TX is up. Moderate supply. Good demand. Supply out of Mexico through CA is steady. Light supply. Good demand.

↔ **Cherry:** The market is steady. Mexico supply through CA is steady. Light supply. Demand exceeding supply.

▲ **Grape:** The market is up. Mexico supply through TX and CA is up. Light supply. Good demand.

▲ **Romas:** The market is up. Mexico supply through TX is up. Moderate supply. Good demand. Quality varies. Mexico supply through CA is up. Light supply. Good demand.